

HOPE Spiritual Assessment Tool

We hope you find this tool useful. Learn more about our [hospice training](#).

HOPE Spiritual Assessment Tool	
F – Sources of Hope	
What are your sources of hope, strength, comfort, and peace?	
What do you hold on to during difficult times?	
O – Organized Religion	
Are you part of a religious or spiritual community?	
Does it help you? How?	
P – Personal Spirituality and Practices	
Do you have personal spiritual beliefs?	
What aspects of your spirituality or spiritual practices do you find most helpful?	
E – Effects on Medical Care and End-of-Life Issues	
Does your current situation affect your ability to do things that usually help you spiritually?	
As a doctor, is there anything that I can do to help you access the resources that usually help you?	
Are there any specific practices or restrictions I should know about in providing your care?	
If the patient is dying: How do your beliefs affect the kind of medical care you would like me to provide over the next few days/weeks/months?	