FICA Spirituality Assessment Tool



We hope you find this tool useful. Learn more about our hospice training.

FICA Spirituality Assessment	
F – Faith and Belief	
Do you consider yourself	
spiritual or religious?	
Do you have spiritual beliefs that	
help you cope with stress?	
What gives your life meaning?	
I – Importance	
What importance does your faith	
or belief have in our life?	
On a scale of 0 (not important) to	
5 (very important), how would	
you rate the importance of	
faith/belief in your life?	
What role do your beliefs play in	
regaining your health?	
C – Community	
Are you part of a spiritual or	
religious community?	
Is this of support to you	
and how?	
Is there a group of people you	
really love or who are important	
to you?	
A – Address in Care	
How would you like me, your	
healthcare provider, to address	
these issues in your healthcare?	