

Wound Symptom Management: Points to Ponder



- Goal can become comfort & limiting the impact of the wound: not healing.
- Prevent the wound from getting worse : Use your agency's wound care and mattress guidelines
- Reduce pain and discomfort
- Prevent infection
- Manage odor
- Manage exudates
- Minimize skin & wound exposure to body fluids
- Malnutrition is significant if any one of the following are present:
 - Serum albumin < 3.5 mg/dl
 - Total lymphocytic count < 1800mm
 - Unintentional loss > 15% of body weight

**** Note: These are wound care guidelines only. Consult with the primary physician for specific orders.***

